

**NEW Living with Alzheimer's:  
For Mid-Stage Caregivers (3-Part Series)**

During the three part middle-stage program, caregivers will learn the symptoms and care needs associated with the middle-stage of Alzheimer's and learn about the relationship changes that occur in the middle-stage. Ways to maximize safety, prepare for emergencies, and access respite care will be discussed as well as effective ways to provide personal care and manage challenging behaviors.

**HOWELL:** Fridays - March 2, 9, 16 | 9:30 – 11 am  
Be Our Guest Adult Day Services  
2020 E. Grand River Ave., Suite 103  
Advance Registration is required - 800-272-3900

**Memory Loss, Dementia, and  
Alzheimer's: The Basics**

This program is designed to educate attendees about the difference between normal memory loss and Alzheimer's. Risk factors for Alzheimer's, the diagnostic process, and the changes that the brain goes through as Alzheimer's progresses are just some of the topics covered in the program. It also features video clips of doctors, patients and loved one who are caring for people with Alzheimer's.

**HILLSALE:** Wednesday, February 15 | 6:00 – 7:00 PM  
Hillsdale Community Library, 11 East Bacon Street

**HILLSDALE:** Wednesday, February 22 | 3:30 – 5:00 PM  
Perennial Park, Hillsdale Senior Center, 320 W. Bacon St.

**ONLINE:** <http://elearning.alz.org>

**Know the 10 Signs**

If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future. This program is a brief discussion of 10 of the most commonly seen warning signs of cognitive change.

**HILLSDALE:** Wednesday, February 22 | 12:15 - 12:45 PM  
Perennial Park, Hillsdale Senior Center, 320 W. Bacon St.

**Creating Confident Caregivers**

This is a special grant-funded program for families caring for someone with memory loss. Regional Area Agencies on Aging along with community partners are offering this series, a university-tested program designed to increase caregiver skills, knowledge and outlook. The class is free and respite is available at no cost. Classes are held once a week for 6 consecutive weeks. For more information or to register call (800) 852-7795.

**MONROE:** March 6, 13, 20, 27 and April 3, 12  
Tuesdays from 1:00 – 3:00 PM  
Fenchtown Senior Citizen Services, 2786 Vivian Rd.

**ANN ARBOR:** June 5, 12, 19, 26 and July 3, 10  
Tuesdays from 10:00 AM – 12:00 PM  
The Oaks Adult Day Services  
Church of Christ Neighborhood Church  
2500 S. Main

**Schreiber Conference 2012**



**Alzheimer's Disease:  
The Heart of the Matter**

Friday and Saturday, April 13 and 14  
Western Michigan University  
Fetzer Center, Kalamazoo

Our keynote speaker will be Mary Ellen Geist, author of "Measure of the Heart", which chronicles her exit from a broadcast journalism career to assist with her father's care.

Friday: Professional Conference  
Saturday: Caregiver Conference (*respite available*)



Ann Arbor: Oct 7  
Brighton: Sep 16  
Lenawee County: Sep 16  
Monroe: Sep 23

**Tentative Dates**

**All programs are free, but a donation of \$10 per person (or family) per session is suggested. Advance registration is required. Please call 800-272-3900 to register.**